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## Ocean Reach Contract Secured

MoD contract re-awarded

Tradesmen are the happiest

# Ocean Reach

## ◆◆◆ Sainsbury continue making their mark in Cardiff

Sainsbury Heating continue to take Cardiff by storm after securing yet another prestigious £350,000 contract for St. Davids Limited. The complex consists of 49 luxury flats in a sought after area of the Welsh capital. Sainsbury Heating are responsible for the mechanical installation spread over approximately six months.

The core part of the installation comprising a boosted mains water system, dry riser, smoke ventilation and gas services & sanitary installation all form part of the mechanical installation. The refrigeration division also has a significant part to play providing air conditioning to various apartments and areas throughout the complex



## MoD Contract Re-Awarded

**Sainsbury Heating have successfully re-secured the £1 million pound contract at RAF St. Athan.**

We have been in close liaison with the MOD after the sudden liquidation of Ballast Construction Plc, an event which left us all deeply shocked and saddened. However

the MOD has shown their confidence in Sainsbury Heating by nominating us as the main mechanical contractor. The contract comprises the mechanical services to the company offices & a state of the art ventilated ceiling which is being supplied and installed by a specialist contractor.

Just a quick mention to say thank you to Pasquale Smiriglia, who has recently left the company to pursue another career path. All at Sainsbury Heating would like to wish every success for the future & best of luck!

### Sainsbury Successes

(right) Northampton Web  
Web  
(left) Peterboro Web



# Tradesmen are the happiest

## ◆◆◆ Tradesmen, such as plumbers, are among the happiest workers in the UK...

according to a recent study by qualifications body City & Guilds. It's index of happiness in the workplace found that tradesmen and women were twice as likely to be "extremely happy" in their jobs compared to white collar workers. "It's a misconception that

white-collar professionals have the best jobs and are therefore the happiest" said the deputy director at City & Guilds. The survey also revealed that the most miserable workers were estate agents, followed by media workers, pharmacists and accountants.

# Welcome!

## Welcome to the third edition of our newsletter

Since the last issue of our newsletter many things have happened - good and bad. The saddest time being when our good partnering clients Ballast Construction Plc, went into administration. This has meant that the



work on RAF St. Athan and RAF Fairford of which was secured with Ballast Construction Plc came to a halt. Overall as you can appreciate this affected our workload, as the work for these contracts were planned in. However, due to hard work and commitment from all staff, site and office based, new work was secured and implemented to fill the gaps that we had. However, the past being the past and the future to look forward to we have re-secured RAF St. Athan with the MOD and are a nominated contractor to the new main contractor whoever that may be. Regarding RAF Fairford we are in re-tender and negotiation with the main contractor at this time.

Continuing on a positive, we have now gained our Investors In People qualification which we felt was much needed for our industry and our clients to know we are committed to the training and wellbeing of all our staff. There is more training set for this year and this will be

specific training in specific areas which will allow those of you who would like to further their skills the opportunity to do so.

Being six months now into our new financial year and our official 10th anniversary looming on the 10th November this year all indications point to another solid year of continued growth. Also the official launch of the Refrigeration back in July 2003 has seen many benefits for our company. We now are able to tender large refrigeration jobs successfully, a situation we were not in prior to the Refrigeration Division being implemented.

Finally, as the saying goes we are only as good as our last job and our client base is ever expanding due to our reputation and commitment, we can complete jobs on time with good standards of workmanship normally within the budgets set, making Sainsbury Heating's ever increasing presence in the industry more and more stable. This being a testimony to all of our team.

Thank you for your continued hard work.

Chris



## in the pipeline

**Just a few of the contracts which are on-going or due to commence...**

- Altolusso Residential Development Mechanical
- Terram Assembly Line Ventilation
- Borehamwood Residential Home Mechanical
- RAF St. Athan Mech/Vent/Refrigeration
- Ocean Reach Mech/Vent/Refrigeration
- Trinity College Mechanical
- University of Swansea Mechanical
- Sunderland Press Ventilation
- Porterhouse Ventilation
- Aberporth Mechanical

## Fit for the beach!

Just a quick word of encouragement to our **Dai Rees**. For those of you haven't noticed, Dai has been on a strict diet trying to lose a few pounds ready to strut his stuff on the beach in the summer. Early reports are he has lost nearly a stone and can be seen hitting the treadmill hard in Morriston Gym most evenings – **keep up the good work Dai!**



# Sainsbury quick quiz

## Win a £25.00 Voucher...

Please write all answers clearly on a piece of paper and return to the office with your name, address and phone number marked on the sheet. The first set of correct answers pulled out of the hat will win a gift voucher to the value of £25.00 – it's as simple as that, Good luck!

- 1 Who's the Oldest English premiership manager?
- 2 Which ship sank off the coast of Zeebrugge on the 6th March 1987?
- 3 Which TV Chef also plays the Drums in a Band?
- 4 Which day didn't Bob Geldoff Like?
- 5 Which country do the team "Grampus8" come from?
- 6 What does the WD in WD40 stand for?
- 7 What square is between Mayfair & Park Lane on a traditional English Monopoly board?
- 8 Which football team is nicknamed the Owls?
- 9 What is the largest country in South America?
- 10 Which is the world's largest lizard?
- 11 In badminton, how many points win a male singles game?

Firstly, thank you for the response to the first quiz, very impressive! Now for the answers 1) Bobby Robson 2) Dead Sea 3) Caber Tossing 4) The Queen Mary 5) Mike Bassett 6) Princess Diana Died 7) The Pupil 8) Cool Hand Luke 9) Mike Weir 10) Mr Mackay. The winner of the first quiz was Steve Babb who will receive his voucher for £25.00 – Well done Steve!



### 60 seconds with...

## Scott Wemyss

Site Manager

**FAMILY** Married to Sarah with a young daughter, Rebecca who is 15 months old.

**SPARE TIME** DIY and drinking!

**FOOD & DRINK** A Chinese and a pint of good lager.

**HOLIDAY** Spain

**MUSIC** I'll listen to anything really

**MOVIE** Deuce Bigalow: Male Gigolo!

**GREATEST MOMENT** It has to be the birth of my daughter, Rebecca in 2003.



## health & safety

# Do it Right



### Ladder Advice

- Properly assess the job to determine what equipment should be used. Ladders are often used for tasks which could be done more safely and more quickly from equipment such as a working platform on a fork-lift or a scaffold.
- If a ladder is to be used make sure that it is secure and cannot slip. Tie it at the top, have someone hold it at the base, or use a suitable stability device to prevent it from slipping. If the ladder is more than 5m long, a person at the base is unlikely to be able to stop it from slipping.
- Consider using attachments such as an adjustable ladder leveller, or a "stand off" spreader bar.
- Set the ladder at the correct angle. It should be angled out one for every four up.
- Use a ladder that is, or can be, extended to the correct length.
- Check the ladder for defects, and make sure that it is only used by people who know how to use it correctly.



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